



Máo Xī
毛細
Super Thin
面粗0.5mm
0.5mm Round



Xī De
細的
Thin
面粗1.0mm
1.0mm Round



Sān Xī
三細
Thick
面粗2.0mm
2.0mm Round



Èr Xī
二細
Thicker
面粗3.0mm
3.0mm Round



Èr Zhū Zi
二柱子
Extra Thick
面粗5.0mm
5.0mm Round



Sān Léng Zi
三棱子
Prism
面粗2.5mm
2.5mm Round



Jiū Yè
韭葉
Semi-Wide
面粗5.0mm
5.0mm Wide



Bó Kuān
薄寬
Wide
面粗7.0mm
7.0mm Wide



Dà Kuān
大寬
Super-Wide
面粗30mm
30mm Wide

更多美味 敬請期待

More Exciting New Menu Coming Soon

382-384 Elizabeth Street, Melbourne, VIC 3000

595-597 Station Street, Box Hill, VIC 3128

249 Swanston Street, Melbourne, VIC 3000

@bowltiful.noodles

美好的一天从 壹碗兰州牛肉面 开始 A Good Day Starts With Bowltiful Noodle

壹條河/壹本書/壹碗面/這就是蘭州

Lanzhou beef noodle soup is a Chinese Muslim style of beef noodle soup, also known as clear-broth or consommé-stewed beef noodle. It often uses halal meat and contains no soy sauce, resulting in a lighter taste that may be flavored by salt and herbs. Local lore attributes

its creation with a Hui Chinese man from Lanzhou named Ma Baozi. In Lanzhou, the capital of Gansu province,

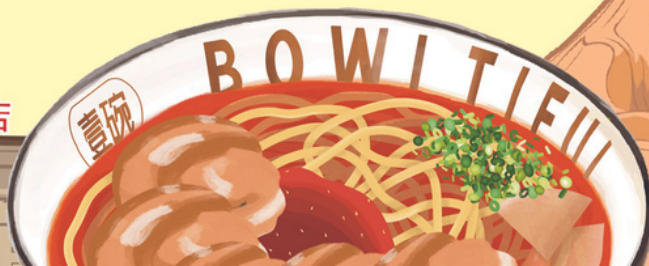
Lanzhou Beef Lamian is usually served with clear soup and one hand-pulled lamian noodle per bowl. In halal restaurants, only quality local beef from the Southern Yellow cattle prepared by the local halal butcher is used.

Chinese radish and a specially cooked spicy oil are also indispensable partners to Lanzhou beef noodles. To identify the ingredients and the dish, the local government news company suggests preparing the soup by the following five steps: "One Clear, Two White, Three Red, Four Green, Five Yellow".

First, the beef soup should look clear; Second, the radish slides should be crystal white; Thirdly, the color of the chili oil should be bright red; Fourth, the green cilantro leaves and garlic shoots should be jade, and, lastly, the noodle should be smooth and bright yellow.



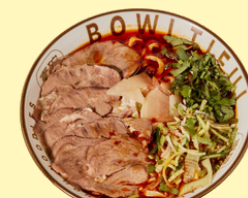
兰州饭店



汤面 SOUP NOODLES



壹碗兰州牛肉面
BOWLTIFFUL Lanzhou Beef Noodle Soup
\$17.80



麻辣牛肉面
Hot & Spicy Beef Noodle Soup
\$18.80



酸菜牛肉面
Lanzhou Beef Noodle Soup with Homemade Pickles
\$18.80



红烧牛腩汤面
Braised Beef Brisket Noodle Soup
\$18.80



黄焖羊肉汤面
Braised Lamb Flap Noodle Soup
\$18.80



麻辣羊杂面
Hot & Spicy Lamb Offal Noodle Soup
\$18.80



兰州炸酱面
Noodle with Soybean Paste & Minced Beef
\$16.80



西红柿鸡蛋炸酱两合面
Dry Noodle with Stir-fried Tomato and Egg & Soybean Paste Sauce
\$18.80



特色鸡丁拌面
Special Dry Noodles with Diced Chicken
\$18.80



红烧牛腩拌面
Dry Noodle with Braised Beef Brisket
\$18.80



黄焖羊肉拌面
Dry Noodle with Stir-fried Vegetables & Beef Mince
\$18.80



兰州干拌面
Dry Noodle with Stir-fried Mixed Vegetables
\$19.80



特色炒面
Special Stir-fried Noodle
\$19.80



壹碗油泼面
Hot Chilli Oil Spill Dry Noodle
\$14.80



西红柿鸡蛋拌面
Dry Noodle with Stir-fried Tomato and Egg
\$15.80



素干拌面
Dry Noodle with Stir-fried Mixed Vegetables
\$17.80



素炒面
Vegetarian Special Stir-fried Noodle
\$17.80

拌面 DRY NOODLES

素食 VEGETARIAN

添加 EXTRA



加牛肉
Stewed Beef Shank
\$7.8



加牛腩
Braised Beef Brisket
\$8.8



加羊肉
Braised Lamb Flap
\$8.8



加羊杂
Braised Lamb Offal
\$8.8



加鸡丁
Diced Chicken
\$8.8



酸菜
Pickles
\$5.8



茶叶蛋
Tea Braised Egg
One Whole Egg
\$2.5



净面
Plain Noodle
\$5.0



牛肉汤
Clear Beef Soup
\$5.0

特品 SPECIALS



壹碗辣椒油
Homemade Chilli Oil
200ml
\$7.8



孜然羊肉夹馍
Lanzhou Style Spicy Lamb Burger
\$8.8



牛腩青椒夹馍
Beef & Green Pepper Burger
\$8.8



烤羊肉串
Signature Lamb Skewers
(5串/15串一传)
\$11.8



烤鸡肉串
Chicken Skewers
(5串/15串一传)
\$11.8



牛肉洋葱包子
2 of Beef & Onions Buns
(limited supply / 限量供应)
\$8.8



羊肉胡萝卜包子
2 of Lamb & Carrot Buns
(limited supply / 限量供应)
\$8.8

过敏提示 ALLERGEN NOTICE

本店的餐品有包含豆类，酱油，芝麻和其他微量成分的过敏素。如您对以上食物过敏，请务必提前告知服务员。

Please be advised that our food contains soy, wheat, sesame and traces of other allergens. Kindly inform our staff beforehand if you are allergic to any of these items so can advise the best option for you to enjoy Bowltiful!

小菜 SIDE DISH



凉拌牛肉
Spicy Beef Salad
100g
\$8.8



凉拌牛肚
Spicy Beef Tripe Salad
100g
\$8.8



椒麻鸡
Spicy Chicken Salad
120g
\$8.8



兰州泡菜
Homemade Pickles
\$4.8



酸辣萝卜
Spicy & Sour Pickled Radish
\$4.8



腐竹芹菜
Dried Bean Curd Sticks & Celery
\$4.8



凉拌洋芋丝
Shredded Potato Salad
\$4.8



炆拌云丝
Shredded Tofu Salad
\$4.8



凉拌海带丝
Seaweed Salad
\$4.8

饮料 DRINKS



杏皮水
Apricot Tea
\$4.8



冰糖山楂
Honey Hawthorne Tea
\$4.8



饮料
Bottled Drinks
\$4.8

附加费 SURCHARGE NOTICE

CARD PAYMENTS
刷卡手续费1.5%
Please Note That A 1.5% Payment Processing Fee Is Added To Card Payments.

AFTER 10PM
晚上10点后加收10%手续费
Please Note A 10% After-hour Service Fee Charge Applies After 10pm.

WEEKENDS
周末加收10%手续费
Please Note A 10% Surcharge Applies On Saturday and Sunday.

PUBLIC HOLIDAY
公共假期加收15%手续费
Please Note A 15% Surcharge Applies On Public Holiday.

TAKEAWAY
每份面条外卖加收\$1
Extra \$1 Will Be Charged For Each Takeaway Noodle

兰州饭店

